

Langtang & Gosainkund Trek | Duration: 17 Days

Days | Cost: \$1400

Spend a night on an ancient city, Pass through Sherpa villages, Experience the serenity of holy Gosainkund Lake, Trek through the valleys of Langtang, Take a hike to Langtang Glacier, Visit a famous local cheese factory, Hear stories of the yeti, Keep an eye out for red panda. The Langtang Himal is known for its brilliant trekking and spectacular landscapes. Option to trek to the summit of Tsergo Ri (4984m) for views that include the 8000 meter peak Shisha Pangma. This short trekking holiday ranks amongst the best in Nepal.

At a Glance:

- **Tour code:** TTGLAGO
- **Style:** Trekking & Hiking
- **Grading:** ▲▲▲▲▲
- **Suitable for:** 4,600
- **Duration:** 17 Days
- **Start in:** Kathmandu |Airport
- **End in:** Kathmandu |Airport
- **Transport:** Private
- **Price:** 1400

Highlights of the tour:

- One of the finest 2-week treks.
- Spectacular ridge trekking along the crest of the Thare Danda.
- Cross the Laurebina La (4600m) to the Sacred Lakes of Gosainkund.
- Trek to heart of Langtang to the monastery village of Kyanjin.
- An optional ascent of Tsergo Ri (4984m) or visit to Langtang Glacier

What's Included:

- Kathmandu Airport transfers.
- An experienced insured and equipped English speaking Guide.
- Guided sightseeing and entry fee in Kathmandu.
- 3 meals during trek
- Good standard Hotel (3-4*) accommodation in Kathmandu with breakfast.
- Teahouse accommodation on trek twin sharing basic.
- Tims permit.
- Langtang National Park Fee.
- Insured and equipped porter as on IPPG rules.
- Ascents of Tsergo Ri (4984m) and Langtang Glacier.
- Deep on Holy Lake Gosainkund.

What's Not Included:

- Travel Insurance.
- Nepalese Visa.
- Tips for Guide and other trek staff.
- Lunch and dinner in the city.
- Additional costs due to illness, rescue etc.
- Additional cost due to force majeure, changes of flight and itinerary.
- Personal drinks and Bar Bill.

Arrival and transfer to hotel/welcome dinner

When you arrive in Kathmandu at Tribhuvan international airport, You will be warmly greeted by our airport representative. After Traditional warm welcome you will transferred to hotel, we will discuss about the trip and briefing about the package, evening typical welcome dinner.

Kathmandu sightseeing

You will be taken for sightseeing of Kathmandu Valley to explore the vibrant city after breakfast at your hotel. Drive to famous Buddhist Stupa Swayambhunath, also known as Monkey temple, on the hill of Kathmandu Valley where you can see stunning view of mountains and Kathmandu valley. This temple attracts Buddhists

and tourists from around the world. Swayambhunath Stupa is the most ancient and enigmatic of all the holy shrines in Kathmandu valley. Its lofty white dome and glittering golden spire are visible from far and wide. Next is Pashupatinath, the temple of Lord Shiva. This is probably the most famous temple for Hindu in Indian Sub-continent. There is crematorium beside the temple where dead bodies are burnt to ashes. After exploring Pashupatinath you will visit fascinating sights of Patan Durbar Square, one of the most glorious examples of traditional Nepalese architecture, full of centuries old temples and palaces.

Drive to Syabrubesi 6 to 7 hrs Drive (1450m) .

Early in the morning after breakfast you will start bus journey to Syabrubesi which is the starting point of the trek. On the way to Syabrubesi you can see many small village and beautiful scenery. The trail takes you to the spectacular route, climbing high over the ridges and provides us the opportunity to see the panorama of the Himalaya, including the Annapurna's, Manaslu, Ganesh Himal and the peaks of the Langtang Region.

Trek to Lama Hotel about 7 hrs (2480m)

The trail initially crosses the Bhote kosi. Then you will cross through the village of Thulo syabru and descend to the langtang Kola. You will see the fascinating view of Langtang Himal and more. Slowly the trail climbs gently through the sub-tropical forests. There is also the variety of wildlife in these forest such as wild boars, red pandas and Himalayan black bears etc. where you will pass through pine and Junipers forest with the river flowing beside you. Overnight in lama Hotel.

Trek to Langtang about 6 hrs (3541m)

After having breakfast you will continue your trip to your next destination. You continue to follow the Langtang khola climbing steep through forest. The trail continues to climb gently and the valley widens, passing a few temporary settlement used by herders who brings their livestock to graze in the high pastures during the summer months. The trail descends into a valley to cross a stream and climbs past several water-driven mills and prayer wheels to the large settlement of Langtang. There is a monastery which you can visit shortly before arriving at the village of Langtang, the headquarters of the Langtang National Park. Overnight in Langtang.

Trek to Kyanjing Gompa 4 to 5 hrs (3900m)

The trail climbs gradually through small villages and yak pastures and the small villages of Mumdu and Sidum. After crossing several small streams and moraines, the trail reaches the settlement at Kyanjing. The place is famous for cheese and curd where you will explore the surrounding. Overnight in Kyanjing Gompa.

Day trip to Kyanjing Ri 4770m about 6 to 7 hrs over night kyanjing Gumpa (3900m)

Today is the extra day in the Kyanjing Gumpa. You can visit the surrounding and trek to Kyanjin Ri, which is the good viewpoints in the area that you can climb for a breathtaking panorama of the langtang peaks. It will take 4-5 hour to reach the Kyanjing Ri from kyanjing Gumpa. Back to Kyanjing Gumpa and walk around the Kyanjing valley with guide. There is a small monastery and a Government-operated cheese factory in Kyanjing, which you can visit. Overnight in Kyanjing Gumpa.

Trek to Ghodatabela - Lama Hotel (2470m), Walk approx. 7 hrs

Today you will retrace your route along the Langtang Khola to langtang village and on the Ghodatabela. Continue to trek steep decent to Lama Hotel. The trail is for the most part downhill while descending to Lama Hotel. On the way downhill you will see fantastic views of mountain, beautiful scenery. Overnight in Lama Hotel.

Trek to Thulo Sybru about 6 to 7 hrs(2200m).

Today's trail ,you will descend to river and ascend to Thulo Syabru. Following the same Route until you reach the upper Trail on the ridge, you will reach the pleasant village of Thulo Syabru.You will see the fascinating view of Langtang Himal also this treks provides you the opportunity to know about Culture, tradition and custom of the local Tamang Community.Overnight in Thulo Syabru.

Trek to Sing Gumpa about 6 hrs(3584m)

Today the trail ascends through forests of oak, fir and rhododendron to the top of a ridge. From here it is only a short descent to Sing Gumpa. Overnight in Sing Gumpa.

Trek to Gosain Kunda about 6 to 7 hrs(4381m)

Today you will pass the village of Chandanbari and Cholangpati along the gradual up trail. You will explore the Chandanbari which has a cheese factory. From the Larebina, the trail leads you steep up for about 2 hours to reach to your destination place Gosaikunda which has several sacred holy lakes. Perhaps it is the best place to admire the majestic view of Langtang and Ganesh himalayan ranges. Overnight at Gosaikunda.

Trek to Ghopte about 7 to 8 hrs (3440) via 4600m pass.

Early in the morning after breakfast, our tour guide will take you to hike to Lauribina pass which is the highest point of your entire trek. At the same time you can explore the panoramic view of high mountains. Furthermore walking the trail descends gradual down towards the village of Ghopte on passing a small human settlement Phedi. Overnight at Ghopte.

Trek to Kutumsang 8 hrs(2000m)

Today you will be heading to Kutumsang. The trail make another pass of Thadepati and continue along the downhill trail for the whole journey. On the way to Kutumsang there is the Mangengoth village which is the big one among the many scattered human settlements. Furthermore walking you can explore the lush of green forest

which will take to our destination trek to Kutumsang and overnight there.

Trek to Chisapani 7 to 8 hrs (1700m)

After breakfast you will continue your trip to your next destination. The trail ascend you down all the way to Chisapani through the lush of green forest of oak and rhododendron (forest covered with beautiful red flower). You will be passing the path through village of Gul Bhanjyang, Thontundanda and Chipling. Then after further more walking you will reach Chisapani which is an amazing hill station popularly known for spectacular sunrise view and fresh natural habitat.

Trek to Sundarijal (1500m) & drive to KTM/Hotel

Sundarijal which is the very famous and popularly known for scenic beauty of nature, forest and waterfall is your today's trekking destination. The trail is downhill so you will trek downhill through the dense forest of Shivapuri National Park.

Day at Leisure/Farewell dinner /Hotel

Today you will be driven back to Kathmandu by our tour guide. The whole day at Leisure you can do anything you want like shopping, sightseeing or take rest at hotel. At night you will be given traditional farewell dinner. Overnight in hotel.

Drive to Airport for return flight

This is how we conclude our adventurous journey. Today you will be given a warm farewell and best wishes and drive you to Kathmandu airport to fly your onward destination. Fly back to home.

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